



MENTAL HEALTH AND WELLBEING VISION STATEMENT 2024 - 2025



Vision Statement

Mental health and wellbeing is important to all of our lives. From taking strolls to taking time off screens, we believe that having a good mental health and wellbeing is important for growth.

It plays a vital role in our school life and we believe that mental health and wellbeing should not be for pupils and staff only but for all of our community.

What we believe Mental Health and Wellbeing looks like for all of us in our community

At Downsell, we ensure that we respond to everybody's needs and that we all feel safe and able to express our feelings. We encourage all of our pupils to do this too. We ensure that a consistent message is sent out to all and that they are able to seek help from internal and external stakeholders should they wish. We acknowledge that mental health and wellbeing is a shared experience: Sometimes we are the ones who need shelter and at other times we are the ones holding the umbrella.

Why are we working towards the Pupil Wellbeing Award for Schools?

As a school in a deprived area, we have a passion to make a difference. We are working towards this award to increase awareness of mental health and wellbeing, embedding a culture of resilience, acceptance and understanding. Furthermore, we would like to offer support with our mental health and wellbeing to ensure it is accessible to all.

Statement written on: February 2025

Review: February 2026